



AUCH

ASSOCIATION FOR UTAH COMMUNITY HEALTH

Below is a sample grocery list outlining commonly requested items. Please work with your clients to request **specifics** for their items. For example:

- If your client requests “beans,” we must know what type to purchase
- If your client requests “meat,” we must know what type, cut and quantity (by weight – i.e., 2lbs)
- If your client requests “vegetables,” we know what type and quantity (by weight – i.e., 2lbs)

After collecting this information from your client, please complete the “Grocery” template and upload and submit with your application.

Bakery <ul style="list-style-type: none">• Bread<ul style="list-style-type: none">◦ White, Wheat, Gluten-free• Dinner rolls• Tortillas<ul style="list-style-type: none">◦ White, Wheat, Gluten-free, Corn• Buns	Produce <ul style="list-style-type: none">• Apples<ul style="list-style-type: none">◦ Fuji, Granny Smith◦ # weight• Bananas• Broccoli• Carrots<ul style="list-style-type: none">◦ Baby, Whole• Grapes• Lettuce• Strawberries• Onions<ul style="list-style-type: none">◦ Red, Yellow, White• Garlic• Zucchini	Canned Goods <ul style="list-style-type: none">• Beans<ul style="list-style-type: none">◦ Pinto, Black, Garbanzo◦ # of cans• Olives<ul style="list-style-type: none">◦ Whole, Sliced◦ # of cans• Tomatoes<ul style="list-style-type: none">◦ Whole, Crushed, Diced◦ # of cans• Tuna<ul style="list-style-type: none">◦ # of cans• Applesauce<ul style="list-style-type: none">◦ Canned, Snack Cups
Meats <ul style="list-style-type: none">• Chicken<ul style="list-style-type: none">◦ Thigh, Breast, Whole, Drumsticks, Wings• Beef<ul style="list-style-type: none">◦ Ground, Roast, Cutlets, Stew Meat• Pork<ul style="list-style-type: none">◦ Roast (type), Chops• Turkey<ul style="list-style-type: none">◦ Whole, Breast	Personal <ul style="list-style-type: none">• Soap<ul style="list-style-type: none">◦ Variety/Scent• Soap<ul style="list-style-type: none">◦ Bar, Liquid• Deodorant<ul style="list-style-type: none">◦ Variety/Scent• Diapers<ul style="list-style-type: none">◦ Size, Brand• Feminine Products<ul style="list-style-type: none">◦ Variety, Brand• Toilet Paper<ul style="list-style-type: none">◦ Variety, Brand• Toothpaste<ul style="list-style-type: none">◦ Flavor, Brand	Dairy <ul style="list-style-type: none">• Milk<ul style="list-style-type: none">◦ Whole, 1%, 2%, Skim◦ Gallon, Half Gallon• Cheese<ul style="list-style-type: none">◦ Cheddar, Swiss, Mozzarella◦ Block, Sliced, Sticks• Yogurt<ul style="list-style-type: none">◦ Whole, Fat Free◦ Flavor(s)• Butter<ul style="list-style-type: none">◦ Salted, Unsalted



Client Name: _____

[illegible]